



UNIT 3: CHOOSE KINDNESS

LESSON 13: KINDNESS (a)

...is the filter

MAIN IDEA	When you aren't sure of your next move, choose to move in kindness.
ESSENTIAL QUESTIONS	• Are there any bad questions or things I can't ask about? • What is kindness? • Why does kindness matter?
OBJECTIVES	Students will: • Define "kindness" and "cruelty" • Compare, contrast, and Identify examples of kindness and cruelty • Develop a lexicon of kindness

LESSON PLAN

METHODS	MATERIALS
Watch the VIDEO for LESSON 13 (33-35 min.) • Distribute Worksheet 34 • Introduction: Start the video • Group Share: When cued in the video, have students: ◦ <i>Define Kindness</i> (Optional: pause to allow students to share answers) • VIDEO Teaching: Resume the video • Group Share: When cued in the video, have students: ◦ <i>List the types of things a kind person DOES</i> • Group Share: When cued in the video, have students share items from their lists to create a collection titled, "WHAT WOULD KINDNESS DO?" on the board/poster ◦ <i>OPTIONAL: Create a fake name (like Keagan) to replace the word kindness (What would Keagan do?) Use this name when appropriate in classroom discussions around kindness.</i> • Teaching: Resume and finish the teaching. Group Activity: (10 min.) • Distribute Worksheet 35 • KINDNESS REWRITE ◦ Read the story together out loud, then invite students to silently reflect on the question: "Where would you insert kindness, and how might that change the ending of the story?" ◦ After a few minutes, invite students to share their thoughts out loud, choosing a moment and rewriting the ending together as a collaboration of everyone's ideas. Personal Reflection: (5 min.) • Ask students to consider the following prompt and respond to the questions on Worksheet 34: ◦ "Recall a time in your life when someone's kindness had a big impact on you..." • Allow time for students to share their answers out loud as they are comfortable. Independent Work: (OPTIONAL Homework) • Distribute Worksheet 36	• Video: LESSON 13 • Worksheets: 34-36 (<i>print 1 copy per student</i>) • Pen or Pencil (<i>1 per student</i>) • Chalk/White Board or Large Poster Paper
	NEW TERMS
	• Kindness • Cruelty
	NEW TOOLS
	 KINDNESS IS A HAND THAT LIFTS. CRUELTY IS A FIST THAT CRUSHES.